

Hello Traders! Before I get started let me just say that trading without a good methodology is like jumping out of an airplane without a parachute, possible, but not very smart. The reality is that the end result would not be very pretty. Remember, the futures market is not a living breathing thing and it is not against you, however, it will take you to the woodshed if you do not use proper timing and money management. The market does not care who is on the winning or losing side of a trade. It has no opinion nor does it cherry pick it's winners or losers. It provides us with liquidity to be on a level playing field. Everyone has the same equal chance of making money in the markets. The difference is that most traders fail due to the emotional aspect of the business and they lack the knowledge of the correct trading plan to trade with the institutional traders not against them. This requires timing and it requires leading not lagging indicators to have the edge. The futures markets can take your emotions on a daily ride if you do not have a planned out strategy and if you use lagging indicators. You must be a systematic trader by keeping your emotions in check and by trading your daily plan by sticking to your trading rules. Traders don't plan to fail but fail to plan. Everyone knows this but very few apply this. Successful traders always trade what the chart is telling them not what their emotions are trying to convince them to do. I have trained hundreds of traders and the consistent traders that are here today and not gone tomorrow all have one common trait, they trade the plan and they do not deviate from that plan. This will require you to ALWAYS have your hard stop and targets in before you place the trade. This will allow you to concentrate on the setup and at the same time control your risk on every trade. I have seen many traders fail by using mental stops because they will keep adjusting the stop as the trade goes against them because their emotional being is afraid of loss and they must be right on every trade or they try and rationalize another support or resistance just above or below their stop levels. Another trait that I have seen where traders continue to fail or wash out of the markets is averaging down. This will only compound your problem and add additional risk that should have been avoided. If you cannot pick the area or price that you want to short or go long then that trader should not subject themselves to that much risk. Averaging down is only for the novice trader that has no clue of price action and major support and resistance levels. You would be better off just flipping a coin. The third and last common mistake is that traders continue to counter trend trade the markets. Most traders are so afraid to short low and cover lower or buy high and cover higher. This is the trap that the big institutional traders have designed for the public and the reason 90% lose in the futures markets. I will show you a top setup in my live trading room that takes advantage of this and put you beside the institutional push on a daily and weekly basis. This setup has been used in my live room for over 2 years now and continues to produce 40-60 tick average moves. The other key setups are to trade retracements with trend with the institutional traders. I will show you leading indicators, what I call the Big Three, that will show you the institutional order flow and how these top three indicators dictate the rhythm of the markets on a daily basis. These indicators are well known to my members in the room to provide major institutional support/resistance. I will show you the exact setups that take advantage of this powerful daily knowledge. That being said, the trend is your friend unless it's about to end. This is where I have designed my Extension dot that will automatically plot fibonacci confluence areas indicating a huge possible trend reversal. I love to use this indicator with trend pullbacks. In other words, this indicator will show me when the market has exhausted itself on trend pullbacks for continuation patterns and possible major tops and bottoms.

The following is going to be right to the point. When trading the futures markets you cannot allow yourself to have any subjectivity or you will be visiting the woodshed. Trading is like building a house, if you do not have a foundation then the house will eventually crumble. I will show you the tools that can build a solid foundation and that will put you on a level playing field with the institutions and hedge funds. It is your job to get your emotions in check and trade what you are seeing not what you are thinking. Remember, your trading opponents that you are trading against are not going to just give you the ticks. The public consistently loses 90% of the time. With thousands of systems and lagging indicators, the public continues to lose. This creates 90% opportunity for the traders that trade the areas or levels of these institutions. I have done all the hard work for you and have created a trading plan in the Crude Oil and Euro market. I provide leading not lagging indicators in my live room that allow you to have the EDGE or advantage over your trading opponents. This edge with my leading indicators, methodology and proper money money management will allow the trader to consistently achieve his or her trading goals.

### **Methodology:**

#### **ESTABLISH TREND**

When you first log into the trading room you must look at my 5 minute chart and view the magenta moving average. This will allow you to recognize if the market is trending or is in a range or chop market. Knowing this is very key because you will base your entire trading plan off of the trend or chop market. Remember, the market can only do 2 things. Trend or chop.

#### **TREND**

This is when the magenta ma on the 5 minute chart is at a 35-45 degree angle and the spread between the white ma and magenta ma looks like a car driving down or up thru the middle of the 5 minute chart. The more spread you have and the more angle you have then the harder the continuation of trend. Being above or below market profile HVA (high value area) and below LVA (low value area) will accelerate the trend which I will discuss further.

#### **RANGE/CHOP**

This is when the magenta ma on the 5min chart is flat as a pancake or horizontal across the chart. The shorter term white ma will cross above and below the magenta while it is flat with no spread in between them indicating a flat or range bound market.

By establishing a trend or chop/range market, we are then able to execute the methodology for each market condition.

In summary, this is my trading methodology that I have developed over the last 20 years.

This allows my live members in the room to have the edge over their trading opponents. The following charts will breakdown this method so you can visually see how to use my leading indicators to have an edge over your trading opponents on a daily basis.



When you first log into the trading room you must establish if the market is in a chop or trend. Remember, the method is to buy and sell retracements with trend. If prices are below both ma's and the magenta ma is angled down then that is a down trending market. The more spread between the white ma and magenta indicates strength of the trend. This should be the first chart that you look at to determine if the market is trending or is in a chop market. A chop market is when the moving averages are close together and the magenta ma is horizontal. This indicates range and both long and shorts should be taken where a trend market only a short or long bias until the trend changes. In other words, if the 5 minute is in a down trend then only short trades and if the 5 minute is in an up trend then only long trades according to my trading setups. This will avoid you from counter trend trading the market. This is KEY!!! Once you add in market profile you have a clear picture of trend direction or chop market. This will clearly show the bias to trade.



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The two most important dots are the red and green dots. They represent where the ORDER FLOW is at all times during the day. These will be both key levels to trade one of my top setups in the trading room that averages between 40-60 ticks per trade. This will be called my 3rd test breakout at LVA(green dots Low Value area) and HVA(red dots High Value area).

The next chart shows when market profile is added to the 5 minute chart. Market profile consist of three dots on the 5 minute chart.

1. High Value Area(HVA)-Red dots
2. Control Point-Blue dots
3. Low Value Area(LVA)-Green dots

These levels update based on both price and volume on longer term charts but projected on my 5 minute chart allowing for updated major support and resistance. This will tell us the ORDER FLOW OF THE MARKET. These levels should be used as support/resistance on retracement trading and are used on my top 3rd test symmetry dot breakdown/breakout at HVA and LVA. Once below the LVA or above HVA indicates a hard trending market with no resistance above HVA and no support below LVA until prices get back inside of market profile again. This gives the trader an advantage of knowing when a major trend is in place because if below all ma's and all market profile dots then the shorts are in control and zero buys should be taken. Opposite for buys.





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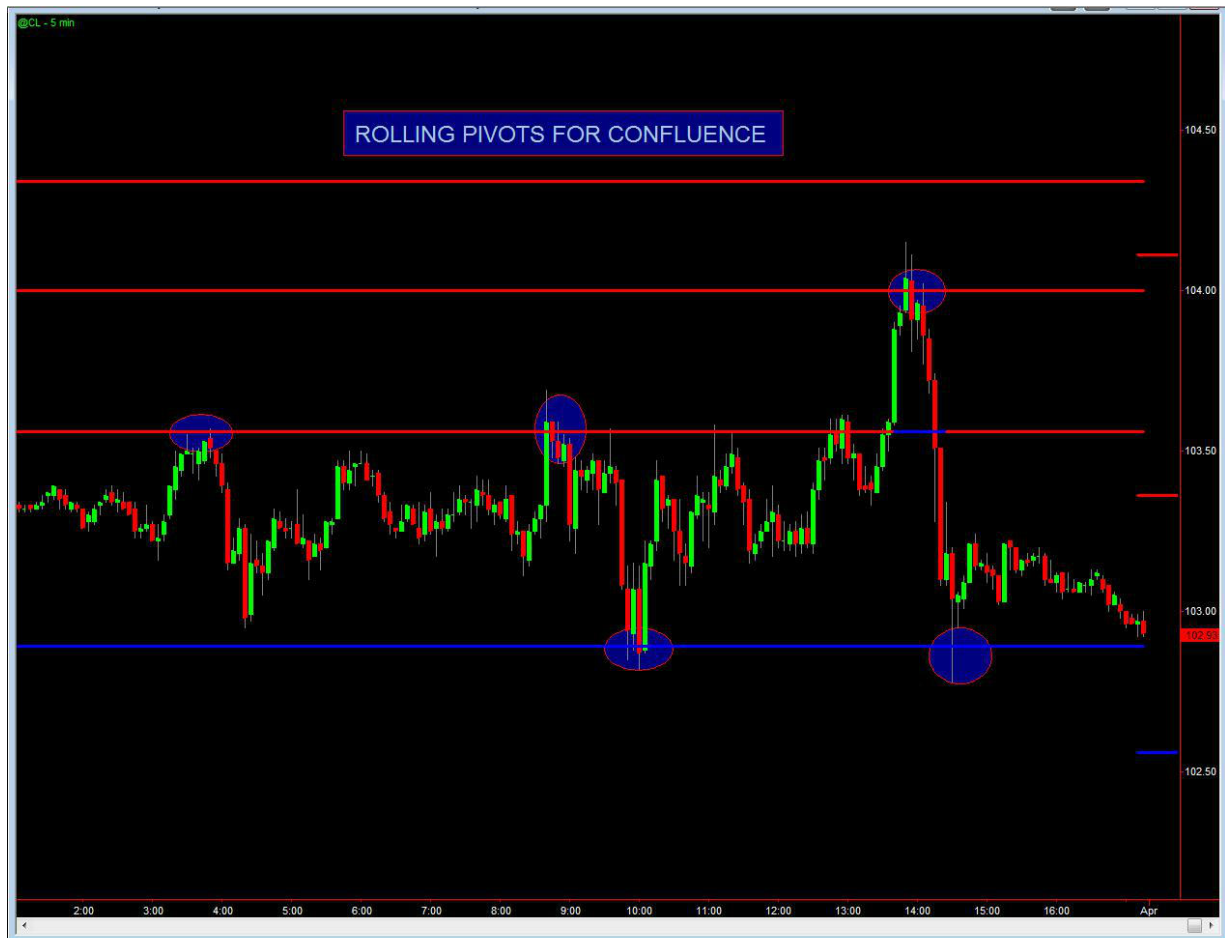
Notice the chart above that prices are in between the red and green dots which act as levels of support and resistance. These are key levels to trade off of when the market is trending or in a chop mode. In this example, you would want to see a flat magenta ma on the 5 minute chart and sell the HVA and buy the LVA. I would want to do this on the first test of these levels. Once these levels have test more than twice, I then look for a third test breakdown or breakout using my 89 tick symmetry dots as exact bar entry at these key levels to start a blow off rally or selloff. This puts one of my top setups in play called the 3rd test breakdown or breakout at HVA or LVA. I will go over this in detail below.

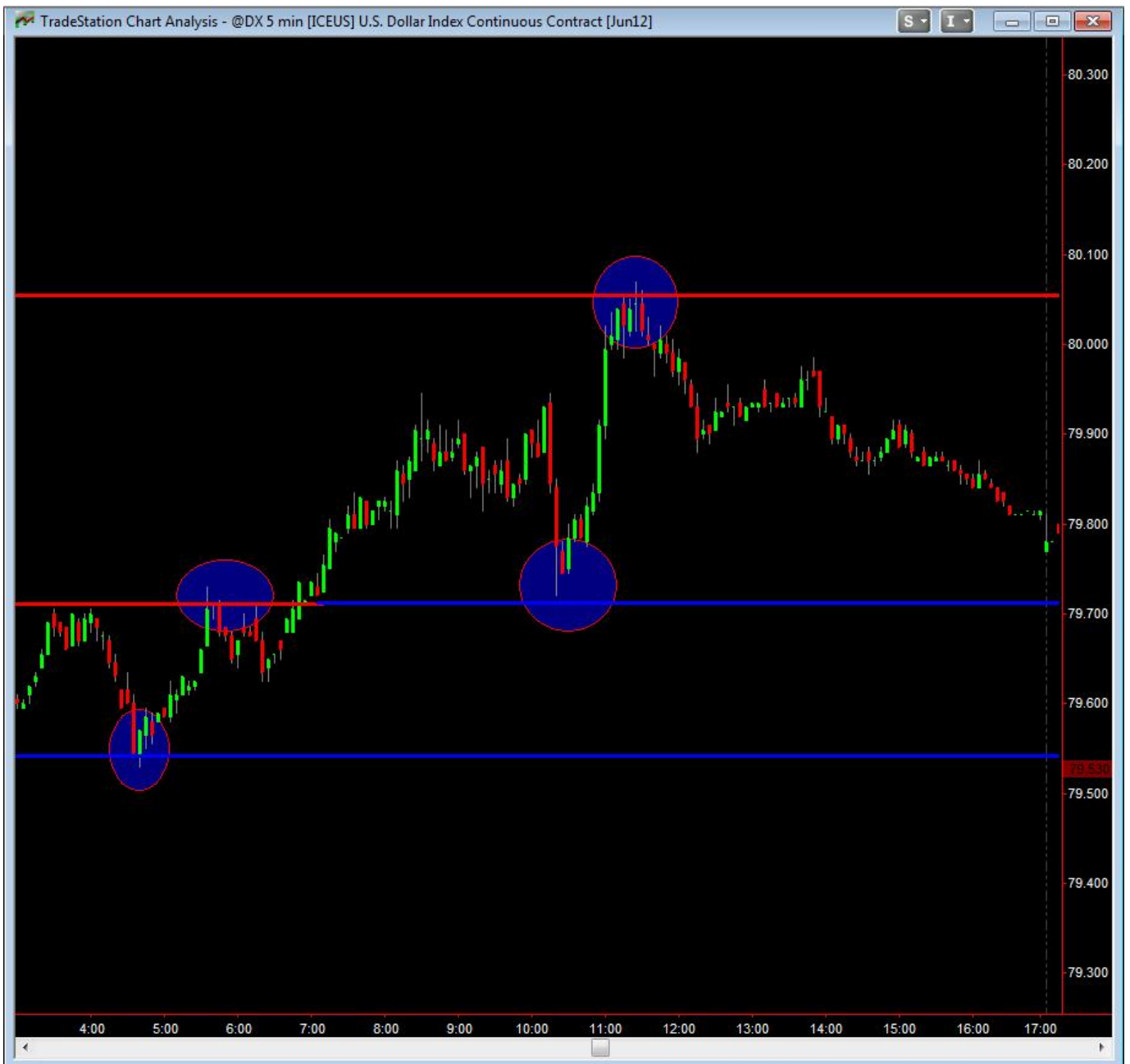
If the magenta ma was angled hard down then I would only look to do a few things. 1. Sell the HVA (red dots) on a retracement. 2. Wait for the LVA (green dots) to be hit and enter with a 3rd test symmetry dot breakdown right at or below my green dots. 3. Wait for my 5 minute or 2 minute rollers to be broken then retested. 4. Wait for my 89 tick rollers/plod / phod to be broken and retested. In other words, if the magenta ma is flat with no spread then sell the HVA and buy the LVA on the first test of them until they are broken and a trend is started. Once they are broken a possible big trend could take place. After the second test look for the 3rd test breakout at HVA or LVA with symmetry dot entry off the 89 tick. The entry will be 2/3rds of a candle close at or below the LVA or at or just above the HVA on the 89 tick chart.

Let's take a look at a few other indicators that are on the 5min chart then ill put this together in a methodology for you.

## ROLLING PIVOTS

The 5 minute chart and the 2 minute chart will both have thick red(resistance) and blue(support) levels that change when the dynamics of the market change. They will act as key levels to trade off of in both trend and chop markets. If the 5 minute chart is in a hard down trend with the magenta ma pointing lower with spread then the approach will be to wait until the 5 minute or 2 minute rolling pivots to be broken then retested for a continuation. The target once broken will be the next rolling pivot either on the 5 minute or 2 minute chart whichever comes first. The 5 minute chart will have the most pull due to the larger time frame. These are known to stop the market sometimes to the tick. You love to see the 2 minute and 5 minute both conflu with the same exact number to make the level stronger.





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Notice the chart above. Once a level is broken then retested the natural target will be the next rolling pivot support or resistance.

Trend markets--Wait for a breakout retest of the rolling pivot. We do the same thing with a breakout of market profile LVA and HVA. Once they are broken with trend then the retest of them will be the continuation.

Chop/Range Markets- If the magenta ma on the 5min chart is flat as a pancake then these levels are great levels at catching the highs or lows.

The key is that if the market is hard trending down then DONT try and catch a falling knife and buy these levels. Wait for a break then retest for a continuation.



## HEDGE FUND INDICATOR

The chart below will wrap up my top three indicators on my 5 minute chart. This is called the HEDGE FUND level. Green dashes are buy support levels and red are resistance and are sell levels. We will use these the same exact way that we use the market profile dots and the rolling pivots. This is another indicator that has been know to stop the market in its tracks for great trades.

Trending markets-If the magenta ma is pointing up with spread then look to buy the hedge fund level on a retracement. If the market was in a hard up trend then avoid selling the red hedge fund, instead wait for a breakout of that level and a retest long or a 89 tick symmetry dot break right at it.



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Those were my TOP THREE LEADING INDICATORS on my 5 minute chart in my live room. Once you master these 3 indicators, trading the markets will have zero subjectivity and you will be trading the ORDER FLOW right beside the institutional traders. Let me put this into a daily trading method that is easy to understand and more importantly easy to execute. The following are all high probability setups that have worked in my live trading room for over 2 years now and that you will see on a daily and weekly basis. Each has a high reward to risk. I only have a few setups to learn and cookie cut everyday to pull the ticks out of the markets using a defined trading plan with zero subjectivity. My indicators are leading and give the trader the needed edge and plenty of time to wait for the setup.

KISS setups--No subjectivity and keep it simple

We now know that we must establish if the market is in a trending or chop/range market once we log in the live room. These are the following top setups in the live room that you will see hundreds of the same setups happen over and over again. Lets go over both types of markets and the trade setups that should be taken. Let's take a look at one of the most powerful setups that you will ever witness in my live room that happens on a weekly basis and produces 40-60 tick trades on average. At the time of writing this pdf we had a 250 tick move on oil breaking the HVA yesterday and today produced two LVA breakdowns that produced over 100 ticks and a 50 ticker in the afternoon. Let's take a look at them and how do we enter with small risk with big reward potential.



### THIRD TEST BREAKDOWN OR BREAKOUT AT HVA OR LVA WITH 5 MINUTE TREND

The key to this setup is that it MUST BE WITH 5 MINUTE TREND. This is one of the most powerful setups that you are ever going to witness in the futures markets. The reason the setup works week in and out with an average move of 40-60 ticks is that it is recognizing how price is moving and developing in conjunction with volume. In other words, my market profile red and green dots are showing you the ORDER FLOW or inside of the market at all times. The red and green dots illustrates how price is moving and the amount of volume being traded at a particular price in real time. This creates MAJOR support/resistance levels. These levels are not just updated like a standard 30 minute market profile. Traders that trade the 30 minute market profile are left in the dust when compared to a 5 minute market profile. The 5 minute market profile is very crucial because it is reading the longer term volume areas but projected on the 5 minute chart which is key for day traders. The 30 minute is great for swing trading but for day trading when the 30 minute market profile are buying then we are selling. In other words, the train left the station 60 ticks ago and we want to be on it. This is what separates my live room from them all. I know the ORDER FLOW and I can play off those crucial price and volume areas (red and green dots) with my trading method. This allows me to know when the market has a high probability of breaking to the upside or downside to the exact bar entry using my 89 tick on these key market profile levels. Once these levels are broken price really accelerates to the downside or upside. These moves are fast and furious and easy to spot and easy to execute once the 89 tick symmetry dots are closed above or below by one 2/3rds of a candle.

Additionally, I have created an auto fill for NINJA TRADER that you can turn on that will automatically execute the trade once on LVA and HVA. This allow you to put in your hard stop, targets 1 and 2 and let the computer execute the setup once on HVA and LVA third test breakouts/breakdowns. Ask Jerel for the Video.

Additionally, I have recorded training videos that are a must play to understand the rules behind this setup. Visit [www.daytradingthefutures.com](http://www.daytradingthefutures.com) and click training videos. This will help you identify the setup in the live room. Ok, Let's go over the rules.

Notice the above chart had a beautiful breakdown at LVA (green dots) today. Why was that a short and how do you enter that trade setup?

1. The 5 minute chart will show you the direction of the break. In other words, today the magenta ma was hard sloped down with big spread. This tells us to look where LVA is at. Once we know where LVA is at then we can play off that level because that's where the order flow is. Once we see where the LVA is at, look at the 89 tick chart and establish where the symmetry dots are located. The symmetry dot support level must be at or just below the LVA price or within a few ticks. Once price comes down to LVA I like to see a rejection off of that level. Two rejections would be ideal then break on the third test, however, a close below the symmetry dots is the green light to enter the trade. Once the trade is entered, the first target will be the next symmetry dots and the second set of symmetry dots are a great spot to bail 75% of the trade. The final level can be the next major roller on the 5min or 2 minute chart.

The key for this trade setup is the 5 minute trend direction, the close below the symmetry dots on the 89 tick right at the red or green market profile dots. Ok, Lets take a look at how both the 5 minute chart and the 89 tick work together on this powerful setup. Remember, go to [www.daytradingthefutures.com](http://www.daytradingthefutures.com) and play the training videos to really understand this setup.



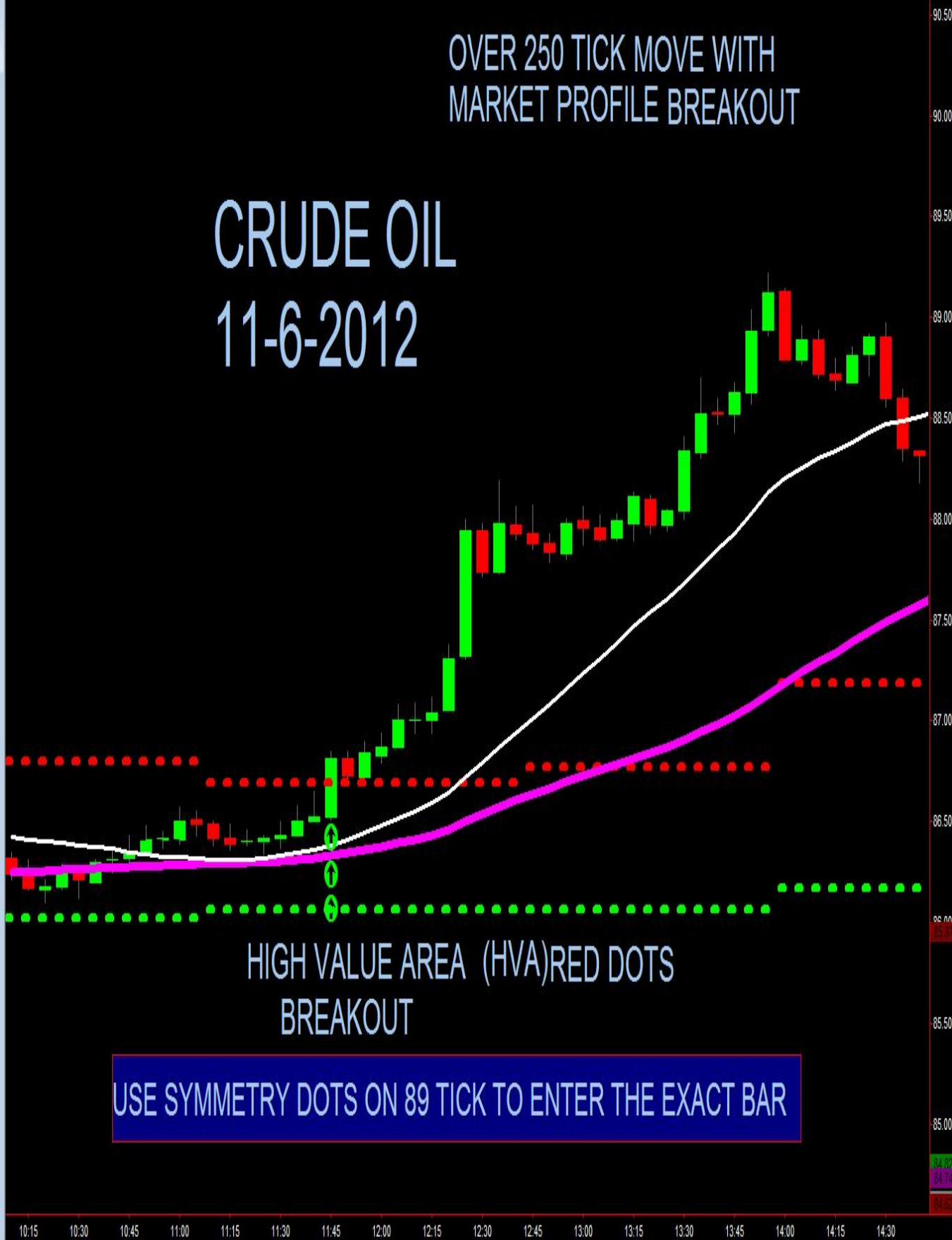
CL 12-12 (89 Tick) 11/7/2012



@CL - 5 min

OVER 250 TICK MOVE WITH  
MARKET PROFILE BREAKOUT

# CRUDE OIL 11-6-2012



HIGH VALUE AREA (HVA) RED DOTS  
BREAKOUT

USE SYMMETRY DOTS ON 89 TICK TO ENTER THE EXACT BAR

**Remember traders, visit [www.daytradingthefutures.com](http://www.daytradingthefutures.com) and click training videos  
This will allow you to get up to speed in this very powerful setup.**

**The following are the top setups in the trading room. These setups happen over and over on a daily/weekly basis.**

**1. Lva/Hva order flow Symmetry Dot breakdown and Breakout  
(Third test Breakdown/Breakout at Hva and Lva)**

**This setup was explained in detail above because it averages 40-60 ticks moves with a small stop.**

**Rules-Must be with 5 minute trend. Hva and Lva are the levels to watch for the symmetry dot breakdown or breakout with trend. The symmetry dot on the 89 tick will give exact bar entry. Automated entry software can be purchased to assist in the fill. The symmetry dot break can be used on the rollers/hedge fund with trend. Also, if the market is flat/range wait for 3rd test break.**

**2. 5 minute and 2 minute rollers/Hedge fund level(red and green dashes)  
(blue and red lines)**

**Trending markets- Let the rollers get closed above or below the retested for a continuation.**

**Range/Chop markets-Use these levels to buy and sell off of the first test in a flat magenta 5min market. I love to see when the 2min and 5minute rollers match at the same level. Example of the trades will be below.**

**3. Jay Extension with trend**

**You will see blue and red solid dot on the NINJA 30 second and 89 tick charts.**

**These dots will not appear unless it is with the 5 minute trend direction. These are excellent plays for trend continuations on pullbacks. We do have this software available for NINJA Trader and works on all time frames and all markets for exhaustion levels counter and with the trend. I love to see the dots fire with on support or resistance. Chart example will be below.**

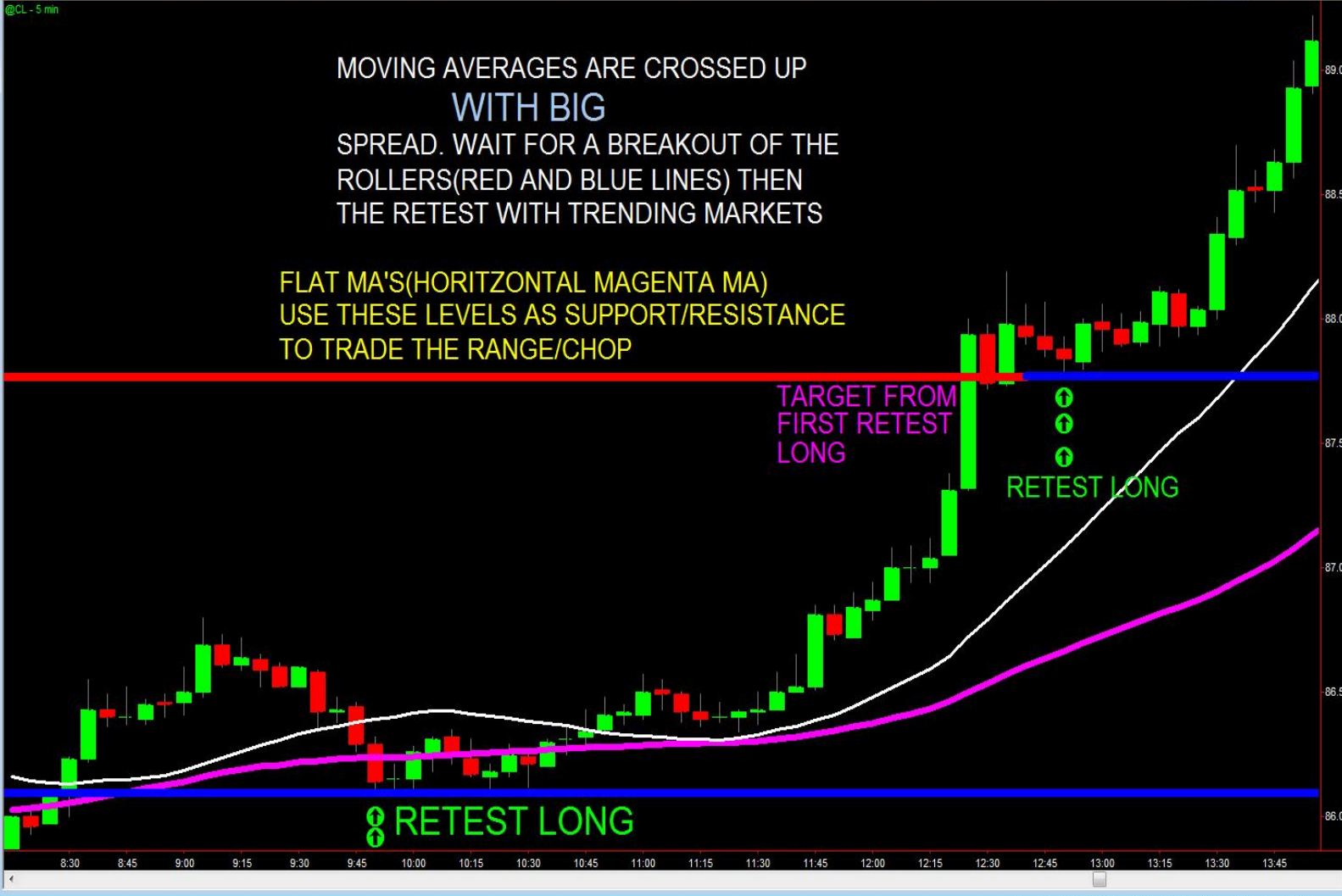
**4. Hva and Lva Retest long or short after 3rd test breakouts.**

**Once the major breakout trade has occurred the market likes to retest the Lva or Hva for a retest long or short for a continuation. This is treated just like the 5 minute and 2 minute rollers. Breakout/breakdown retest. Chart below**

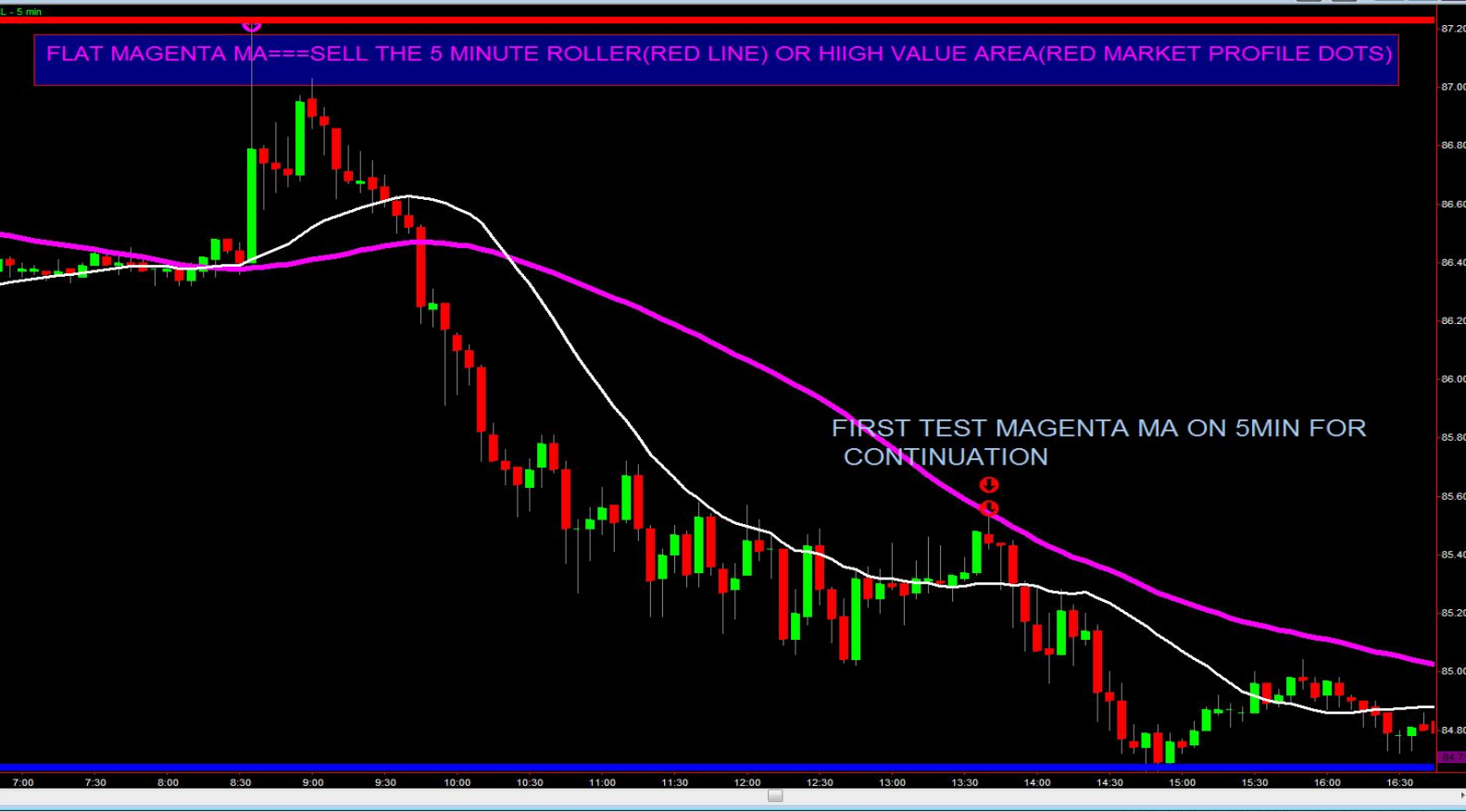
**5. PHOD/PLOD and Blue and Red Rollers on the 89 tick chart. You will see red and green DOTS for the previous high of day and previous low of day and you will see BIG RED AND BLUE hashes on the 89 ticks chart. Treat them as retests long and retests short once broken in trending markets. In chop, sell or buy the first test of any of them for the range or chop market. Chart below.**

**6. First test of the MAGENTA ma on the 5min and 2 min. chart after SPREAD BETWEEN THE MA'S for a continuation. This is typically the first deep retracement of a hard downtrend or uptrend. If the market is hard down then I will look for a retest of the Hva or magenta ma for a continuation. If the market is too weak then I will look for a symmetry dot breakdown right at Lva with 5 minute trend. Opposite for longs. Charts below.**

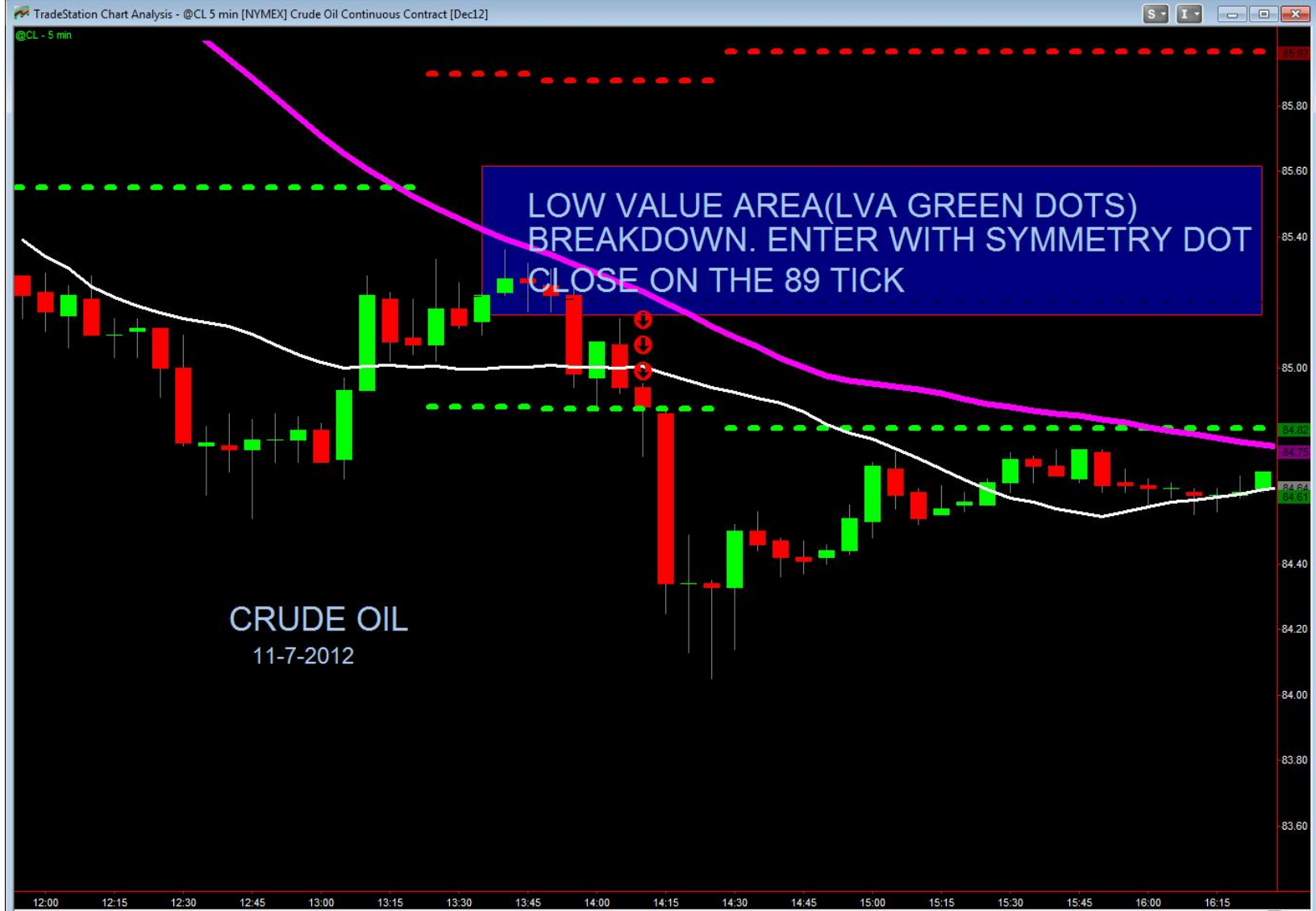
**THESE ARE THE SIMPLE RULES THAT WILL DICTATE ORDER FLOW!!!!!!  
QUESTIONS THEN EMAIL ME AT [jasonwireman@hotmail.com](mailto:jasonwireman@hotmail.com) Many Ticks!!!**



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# CRUDE OIL 11-6-2012

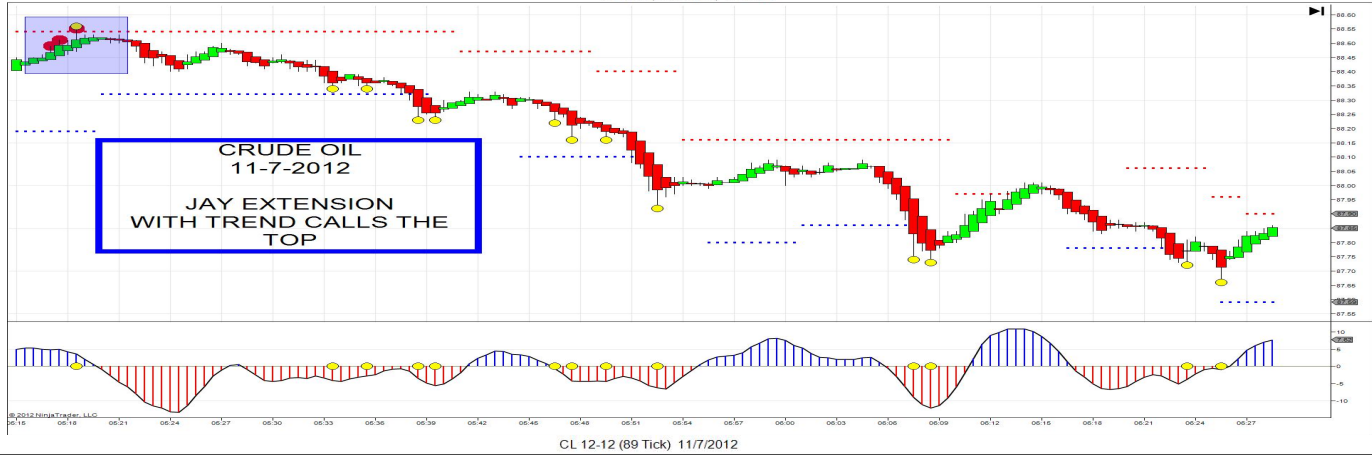
## TARGET

2 MINUTE ROLLING PIVOT(RED AND BLUE LINES)  
BREAKOUT RETEST LONG WITH TREND WITH  
THE 2 MINUTE FIRST TEST OF MAGENTA MA  
WITH SPREAD

2 MINUTE MAGENTA RETEST LONG  
AFTER BIG SPREAD BETWEEN MA'S  
AND FIRST TEST. NOTICE THE ANGLE  
OF THE MAGENTA MA SHOWING  
STRENGTH



CL 12-12 (30 Seconds) 11/7/2012



CRUDE OIL  
11-7-2012  
JAY EXTENSION  
WITH TREND CALLS THE  
TOP

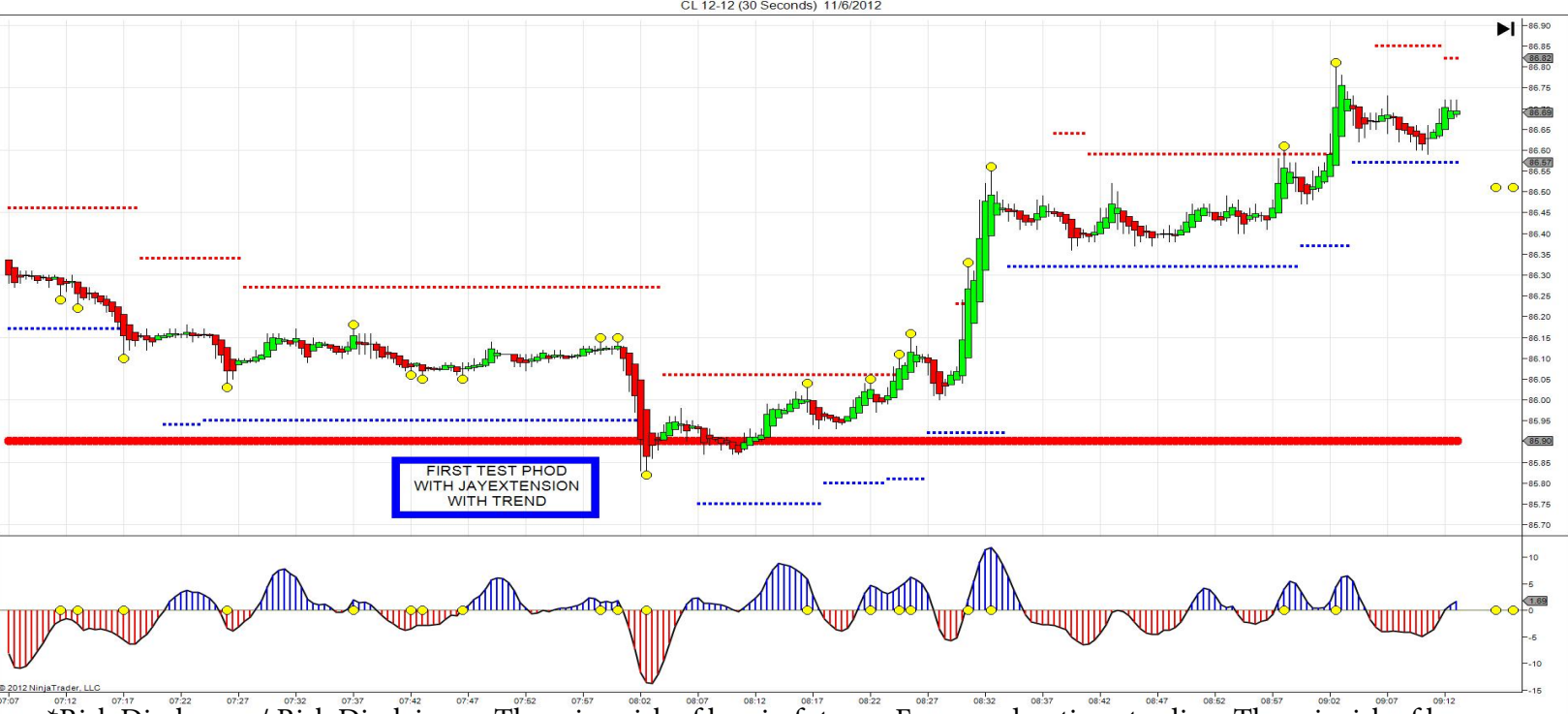
CL 12-12 (89 Tick) 11/7/2012



RETEST SHORT WITH 5 MINUTE HARD DOWNTREND  
TRADE THESE IN TREND DIRECTION UNLESS THE  
MARKET HAS A FLAT MAGENTA THEN TRADE ON  
FIRST TEST.

CRUDE OIL  
11-7-2011

THESE BIG RED AND BLUE SUPPORT/RESISTANCE  
LEVELS WILL AUTOMATICALLY APPEAR ALL DAY  
ON THE 89 TICK CHART. TREAT THEM LIKE THE  
5MIN AND 2MIN ROLLERS. TODAY THE MARKET  
WAS HARD DOWN SO WAIT FOR THEM TO BREAK  
THEN RETEST THEN SHORT ON FIRST RED CANDLE.



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