

Hello Traders! Before I get started let me just say that trading without a good methodology is like jumping out of an airplane without a parachute, possible, but not very smart. The reality is that the end result would not be very pretty. Remember, the futures market is not a living breathing thing and it is not against you, however, it will take you to the woodshed if you do not use proper timing and money management. The market does not care who is on the winning or losing side of a trade. It has no opinion nor does it cherry pick it's winners or losers. It provides us with liquidity to be on a level playing field. Everyone has the same equal chance of making money in the markets. The difference is that most traders fail due to the emotional aspect of the business or they lack the knowledge of the correct trading plan to trade with the institutional traders not against them. This requires timing and it requires leading not lagging indicators to have the edge. The futures markets can take your emotions on a daily ride if you do not have a planned out strategy and if you use lagging indicators. You must be a systematic trader by keeping your emotions in check and by trading your daily plan by sticking to your trading rules. Traders don't plan to fail but fail to plan. Everyone knows this but very few apply this. Successful traders always trade what the chart is telling them not what their emotions are trying to convince them to do. I have trained hundreds of traders and the consistent traders that are here today and not gone tomorrow all have one common trait, they trade the plan and they do not deviate from that plan. This will require you to ALWAYS have your hard stop and targets in before you place the trade. This will allow you to concentrate on the setup and at the same time control your risk on every trade. Traders tend to fail by using mental stops because they will keep adjusting the stop as the trade goes against them because their emotional being is afraid of loss and they must be right on every trade or they try and rationalize another support or resistance just above or below their stop levels. Another trait that I have seen where traders have failed or wash out of the markets is averaging down. This will only compound your problem and add additional risk that should have been avoided. If you cannot pick the area or price that you want to short or go long then that trader should not subject themselves to that much risk. Averaging down is only for the novice trader that has no clue of price action and major support and resistance levels. You would be better off just flipping a coin. The third and last common mistake is that traders continue to counter trend trade the markets. Most traders are so afraid to short low and cover lower or buy high and cover higher. This is the trap that the big institutional traders have designed for the public and the reason 90% lose in the futures markets. Knowledge is power in the markets. I will show you a top setup in my live trading room that takes advantage of this and puts you beside the institutional push on a daily and weekly basis. This setup has been used in my live room for over 2 years now and continues to produce 40-60 tick average moves. The other key setups are to trade retracements with trend with the institutional traders. I will show you leading indicators, what I call the Big Three, that will show you the institutional order flow and how these top three indicators dictate the rhythm of the markets on a daily basis. These indicators are well known to my members in the room to provide major institutional support/resistance. I will show you the exact setups that take advantage of this powerful daily knowledge. That being said, the trend is your friend unless it's about to end. This is where I have designed my Jay Extension dot that will automatically plot fibonacci confluence areas indicating a huge possible trend reversal. I love to use this indicator with trend pullbacks. In other words, this indicator will show me when the market has exhausted itself on trend pullbacks for continuation patterns and possible major tops and bottoms.

The following is going to be right to the point. When trading the futures markets you cannot allow yourself to have any subjectivity or you will be visiting the woodshed. Trading is like building a house, if you do not have a foundation then the house will eventually crumble. I will show you the tools that can build a solid foundation and that will put you on a level playing field with the institutions and hedge funds. It is your job to get your emotions in check and trade what you are seeing not what you are thinking. Be successful requires trading leading indicators and trading your daily plan with a methodology that repeats itself on a daily basis. This way you understand a few setups via muscle memory and have zero subjectivity in your daily routine. Remember, your trading opponents that you are trading against are not going to just give you the ticks. The public consistently loses around 90% of the time. With thousands of systems and lagging indicators, the public continues to lose. With so many indicators to choose from the average trader gets confused or looks for the next holy grail. This creates 90% opportunity for the traders that trade the areas or levels of these institutions. My indicators are not my opinion but what is actually going on in the inside of the markets with Market Profile. I have done all the hard work for you and have created a trading plan in the Crude Oil, Gold and Euro Markets.

Methodology:

ESTABLISH TREND

When you first log into the trading room you must look at my 5 minute chart and view the magenta moving average. This will allow you to recognize if the market is trending or is in a range or chop market. Knowing this is very key because you will base your entire trading plan off of the trend or chop market. Remember, the market can only do one of 2 things. Trend or chop.

TREND

This is when the magenta ma on the 5 minute chart is at a 35-45 degree angle and the spread between the white ma and magenta ma looks like car tire tracks driving down or up thru the middle of the 5 minute chart. The more spread you have and the more angle you have then the harder the continuation of trend. Being above or below market profile HVA (high value area RED DOTS) and below LVA (low value area GREEN DOTS) on the 5 minute chart will accelerate the trend which I will discuss further.

RANGE/CHOP

This is when the magenta ma on the 5min chart is flat as a pancake or horizontal across the chart. The shorter term white ma will cross above and below the magenta while it is flat with no spread in between them indicating a flat or range bound market.

By establishing a trend or chop/range market, we are then able to execute the methodology for each market condition.

In summary, the following is my trading methodology that I have developed over the last 20 years. This allows my live members in the room to have the edge over their trading opponents. The following charts will breakdown this method so you can visually see how to use my leading indicators to have an edge over your trading opponents on a daily basis.



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When you first log into the trading room you must establish if the market is in a chop or trend. Remember, the method is to buy and sell retracements with trend. If prices are below both ma's and the magenta ma is angled down then that is a down trending market. The more spread between the white ma and magenta indicates strength of the trend. This should be the first chart that you look at to determine if the market is trending or is in a chop market. A chop market is when the moving averages are close together and the magenta ma is horizontal. This indicates range and both long and shorts should be taken where a trend market only a short or long bias until the trend changes. Trending markets you will use my indicators to play off of in that direction. No counter trend trades are taken with trend unless we have a failure setup at the previous high or day or previous low of day. In other words, if the 5 minute is in a down trend then only short trades and if the 5 minute is in an up trend then only long trades according to my trading setups. This will avoid you from counter trend trading the market. This is KEY!!! Flat or range markets we sell the highs and buy the lows with market profile LVA and HVA and my rolling pivots on the 5 and 2 minute charts. Once you add in market profile you have a clear picture of trend direction or chop market. This will clearly show the bias to trade.



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The two most important dots are the red and green dots. They represent where the ORDER FLOW is at all times during the day. This is the inside of the market and is what separates my live room from the thousands of lagging indicators that continue to fail. These will be both key levels to trade one of my top setups in the trading room that averages between 40-60 ticks per trade. This will be called my 3rd test breakout at LVA (green dots Low Value area) and HVA (red dots High Value area). For example, if the 5 minute trend is up then you will buy the breakout at HVA (red dots) and look to buy the retest of LVA (green dots). You will NOT sell the red dots against the trend. I have the exact bar to enter off the 89 ticks chart with trend at the key HVA and LVA dots. If the 5 minute magnetna ma was flat then we will Sell HVA and buy LVA on the FIRST test until the breakout trade which starts a trend.

Trend UP-Buy LVA on first test pullback and only buy the HVA breakout. After the HVA 3rd test breakout then you can look for another retest of the HVA to go long. DO NOT short HVA in hard trends that are up. We use these market profile levels to enter our trades. These levels with my rolling pivots are great places to enter trades. Opposite for trend that is down. Sell HVA, do not buy LVA, look for a break of LVA then retest of LVA.

The next chart shows when market profile is added to the 5 minute chart. Market profile consist of two very important dots on the 5 minute chart. This is the inside of the market.

1. High Value Area(HVA)-Red dots

3. Low Value Area(LVA)-Green dots

These levels update based on both price and volume on longer term charts but projected on my 5 minute chart allowing for updated major support and resistance. This will tell us the ORDER FLOW OF THE MARKET. These levels should be used as support/resistance on retracement trading and are used on my top 3rd test symmetry dot breakdown/breakout at HVA and LVA. Once below the LVA or above HVA indicates a hard trending market with no resistance above HVA and no support below LVA until prices get back inside of market profile again. This gives the trader an advantage of knowing when a major trend is in place because if below all ma's and all market profile dots then the shorts are in control and zero buys should be taken. Opposite for buys.



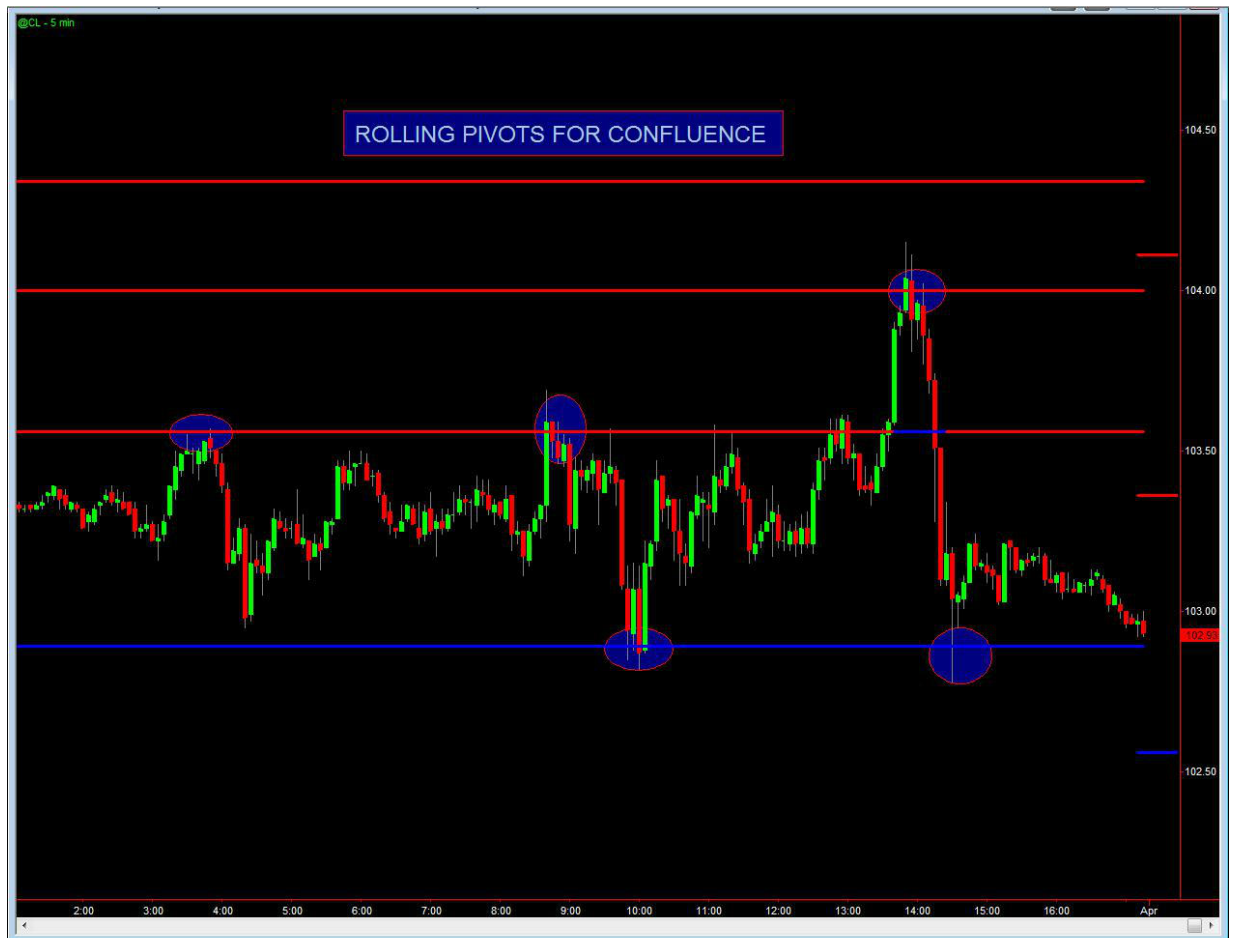


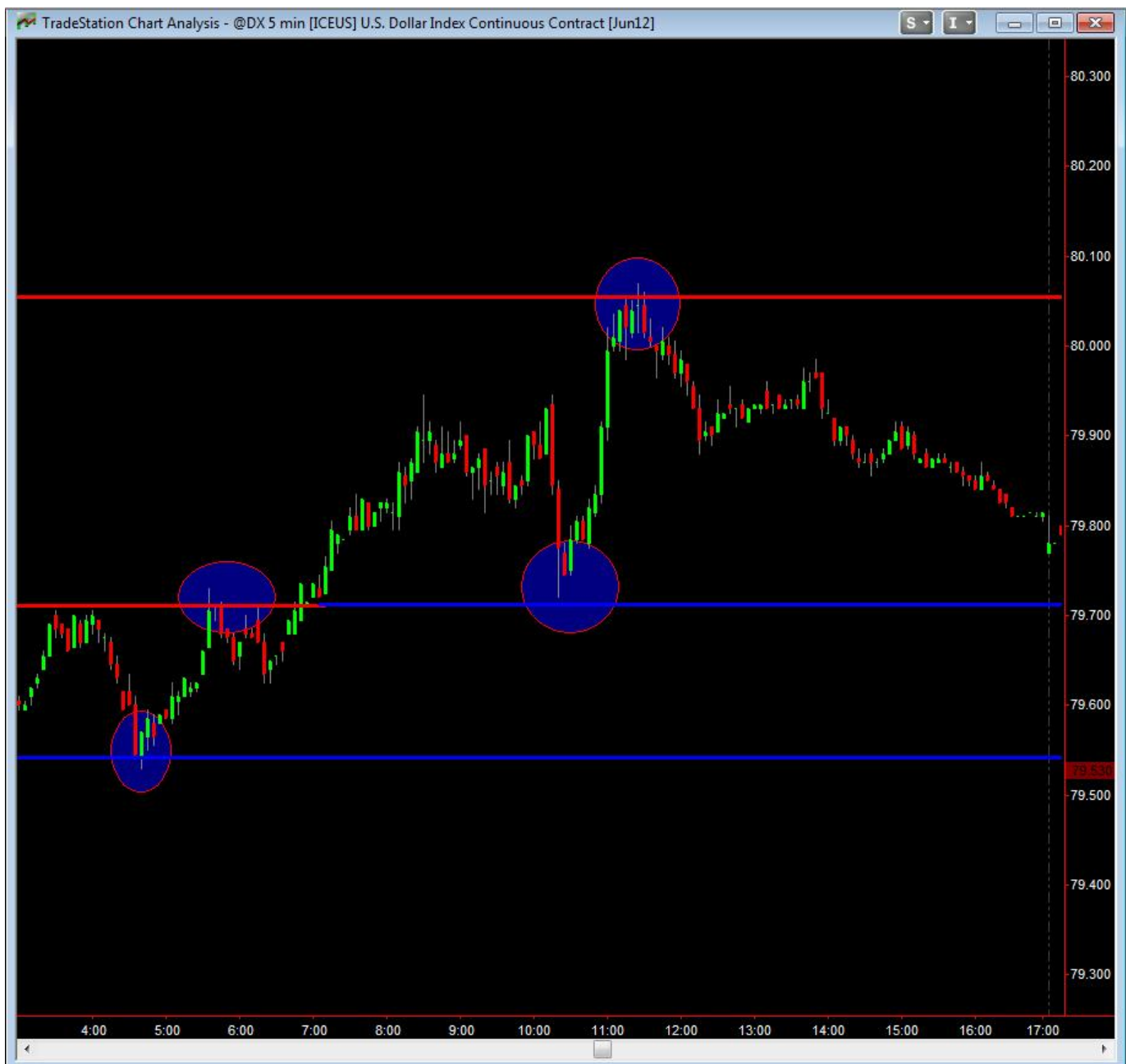
Notice the chart above that prices are in between the red and green dots which act as levels of support and resistance. These are key levels to trade off of when the market is trending or in a chop mode. In this example, you would want to see a flat magenta ma on the 5 minute chart and sell the HVA and buy the LVA. I would want to do this on the First Test of these levels only. Once these levels have test more than twice, I then look for a third test breakdown or breakout using my 89 tick symmetry dots as exact bar entry at these key levels to start a blow off rally or selloff. This puts one of my top setups in play called the 3rd test breakdown or breakout at HVA or LVA. I will go over this in detail below.

If the magenta ma was angled hard down then I would only look to do a few things. 1. Sell the HVA (red dots) on a retracement. 2. Wait for the LVA (green dots) to be hit and enter with a 3rd test symmetry dot breakdown right at or below my green dots. 3. Wait for my 5 minute or 2 minute rollers (explained below) to be broken then retested. 4. Wait for my 89 tick rollers/plod /phod to be broken and retested. In other words, if the magenta ma is flat with no spread then sell the HVA and buy the LVA on the first test of them until they are broken and a trend is started. Once they are broken a possible big trend could take place and trades in direction of that trend should be taken. After the second test look for the 3rd test breakout at HVA or LVA with symmetry dot entry off the 89 tick. The entry will be 2/3rds of a candle close at or below the LVA or at or just above the HVA on the 89 tick chart. Let's put this together in a trading plan that trades beside the institutions.

ROLLING PIVOTS

The 5 minute chart and the 2 minute chart will both have thick red(resistance) and blue(support) levels that change when the dynamics of the market change. They will act as key levels to trade off of in both trend and chop markets. If the 5 minute chart is in a hard down trend with the magenta ma pointing lower with spread then the approach will be to wait until the 5 minute or 2 minute rolling pivots to be broken then retested to enter off the 89 tick chart showing a red reversal bar for a continuation. The target once broken will be the next rolling pivot either on the 5 minute or 2 minute chart whichever comes first. You can scale using my symmetry dots off the 89 tick charts. The second set of symmetry dots are the nature targets on trades. The 5 minute rolling pivots will have the most pull due to the larger time frame. These are known to stop the market sometimes to the tick. You love to see the 2 minute and 5 minute both conflu with the same exact number to make the level stronger.





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Notice the chart above. Once a level is broken then retested the natural target will be the next rolling pivot support or resistance.

Trend markets--Wait for a breakout retest of the rolling pivot. We do the same thing with a breakout of market profile LVA and HVA. Once they are broken with trend then the retest of them will be the continuation.

Chop/Range Markets- If the magenta ma on the 5min chart is flat as a pancake then these levels are great levels at catching the highs or lows.

The key is that if the market is hard trending down then DONT try and catch a falling knife and buy these levels. Wait for a break then retest for a continuation using the 89 tick with a reversal bar to enter.

THESE ARE THE TWO INDICATORS ON THE 5 MINUTE CHART THAT YOU MUST OBEY. The market profile red and green dots and the 5 minute and 2 minute rollers are key to our success in my live room. The 5 minute chart is used for support/resistance and trend identification and the 89 tick is used for entry based upon my red and green reversal bars.

HEDGE FUND INDICATOR

The chart below will wrap up my top three indicators on my 5 minute chart. This is called the HEDGE FUND level. Green dashes are buy support levels and red are resistance and are sell levels. We will use these the same exact way that we use the market profile dots and the rolling pivots. This is another indicator that has been know to stop the market in its tracks for great trades.

Trending markets-If the magenta ma is pointing up with spread then look to buy the hedge fund level on a retracement. If the market was in a hard up trend then avoid selling the red hedge fund, instead wait for a breakout of that level and a retest long or a 89 tick symmetry dot break right at it just like rollers and mp levels.



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Those were my TOP THREE LEADING INDICATORS on my 5 minute chart in my live room. Once you master these 3 indicators, trading the markets will have zero subjectivity and you will be trading the ORDER FLOW right beside the institutional traders. Let me put this into a daily trading method that is easy to understand and more importantly easy to execute. The following are all high probability setups that have worked in my live trading room for over 2 years now and that you will see on a daily and weekly basis. Each has a high reward to risk. I only have a few setups to learn and cookie cut everyday to pull the ticks out of the markets using a defined trading plan with zero subjectivity. My indicators are leading and give the trader the needed edge and plenty of time to wait for the setup.

KISS setups--No subjectivity and keep it simple

We now know that we must establish if the market is in a trending or chop/range market once we log in the live room. These are the following top setups in the live room that you will see hundreds of the same setups happen over and over again. Let's go over both types of markets and the trade setups that should be taken. Then let's take a look at one of the most powerful setups that you will ever witness in my live room that happens on a weekly basis and produces 40-60 tick trades on average. At the time of writing this pdf we had a 250 tick move on oil breaking the HVA yesterday and today produced two LVA breakdowns that produced over 100 ticks and a 50 ticker in the afternoon. Let's take a look at them and how do we enter with small risk with big reward potential.



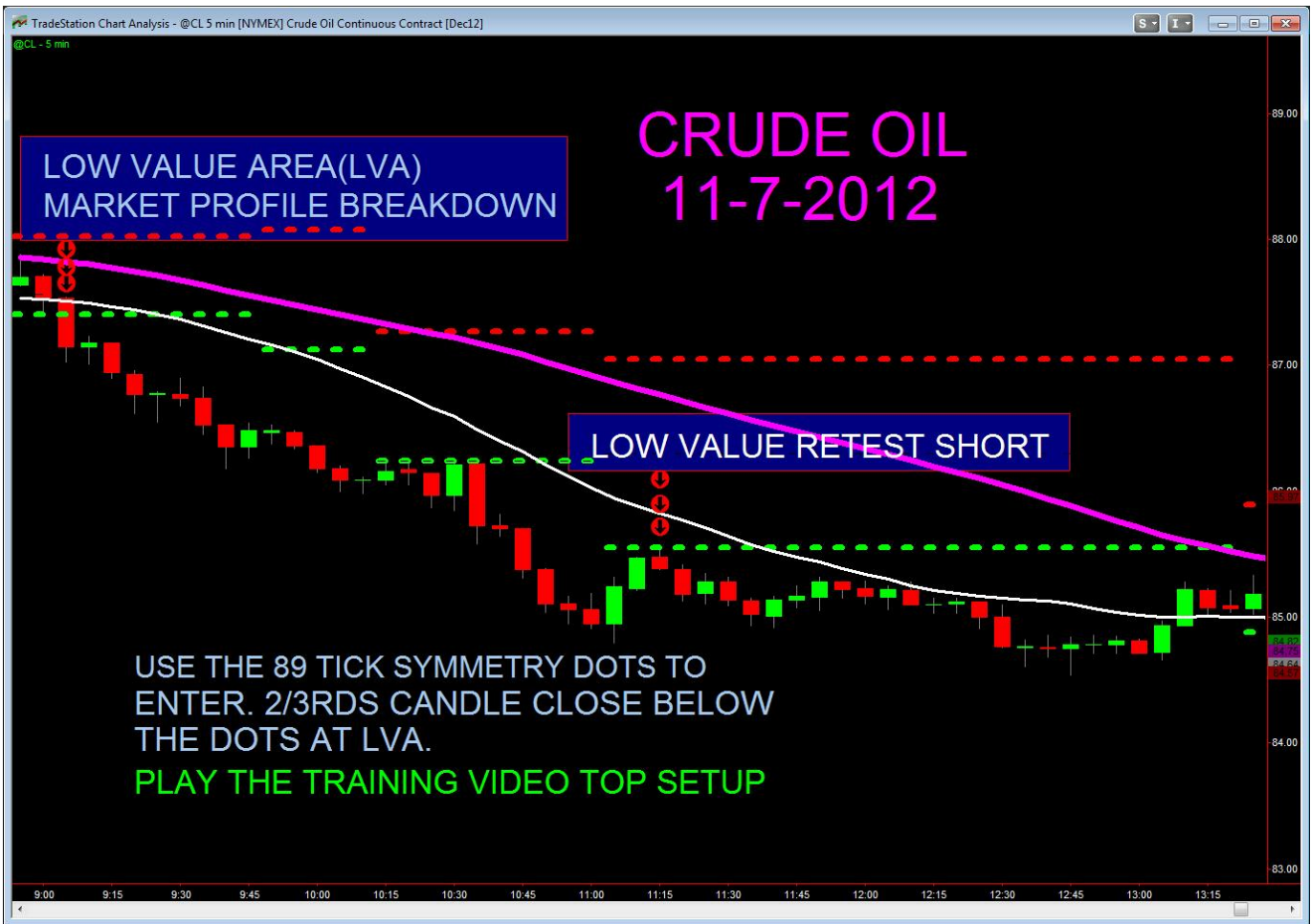
THIRD TEST BREAKDOWN OR BREAKOUT AT HVA OR LVA WITH 5 MINUTE TREND

The key to this setup is that it MUST BE WITH 5 MINUTE TREND. This is one of the most powerful setups that you are ever going to witness in the futures markets. The reason the setup works week in and out with an average move of 40-60 ticks is that it is recognizing how price is moving and developing in conjunction with volume. In other words, my market profile red and green dots are showing you the ORDER FLOW or inside of the market at all times. The red and green dots illustrates how price is moving and the amount of volume being traded at a particular price in real time. This tells you if the market is in balance or not. This creates MAJOR support/resistance levels. Once broken the market becomes out of balance and big moves occur. These levels are not just updated like a standard 30 minute market profile. Traders that trade the 30 minute market profile are left in the dust when compared to my 5 minute market profile. The 5 minute market profile is very crucial because it is reading the longer term TPO's (Time and price opportunity) but projected on the 5 minute chart which is key for day traders. The 30 minute is great for swing trading but for day trading when the 30 minute market profile are buying then we are selling. In other words, the train left the station 60 ticks ago and we want to be on it. This is what separates my live room from them all. I know the ORDER FLOW and I can play off those crucial price and volume areas (red and green dots) with my trading method. This allows me to know when the market has a high probability of breaking to the upside or downside to the exact bar entry using my 89 tick on these key market profile levels. Once these levels are broken price really accelerates to the downside or upside. These moves are fast and furious and easy to spot and easy to execute once the 89 tick symmetry dots are closed above or below by one 2/3rds of a candle. Additionally, I have created an auto fill for NINJA TRADER that you can turn on that will automatically execute the trade once on LVA and HVA. This allow you to put in your hard stop, targets 1 and 2 and let the computer execute the setup once on HVA and LVA third test breakouts/breakdowns. Ask Jerel for the Video.

Additionally, I have recorded training videos that are a must play to understand the rules behind this setup. Visit www.daytradingthefutures.com and click training videos.

Notice the above chart had a beautiful breakdown at LVA (green dots) today. Why was that a short and how do you enter that trade setup?

1. The 5 minute chart will show you the direction of the break. In other words, today the magenta ma was hard sloped down with big spread. This tells us to look where LVA is at. Once we know where LVA is at then we can play off that level because that's where the order flow is. Once we see where the LVA is at, look at the 89 tick chart and establish where the symmetry dots are located. The symmetry dot support level must be at or just below the LVA price or within a few ticks. Once price comes down to LVA I like to see a REJECTION off of that level. Two rejections would be ideal then break on the third test, however, a close below the symmetry dots is the green light to enter the trade. Once the trade is entered, the first target will be the next symmetry dots and the second set of symmetry dots are a great spot to bail 75% of the trade. The final level can be the next major roller on the 5min or 2 minute chart. The key for this trade setup is the 5 minute trend direction, the close below the symmetry dots on the 89 tick right at the red or green market profile dots. Ok, Lets take a look at how both the 5 minute chart and the 89 tick work together on this powerful setup. Remember, go to www.daytradingthefutures.com and play the training videos to really understand this setup under the training tab or top setup. *****Take your time and study the next two charts***** These are key to getting the 40-60 ticks trades on daily basis. Crude Oil and Gold are both \$10.00 per tick so you can see the high reward to risk. Notice how the 5 minute sets the trade up and the 89 tick is used for the exact bar entry. This can be done manually or with our automated entry software for Ninja Trader. Study this relationship on the following two charts.



@CL - 5 min

OVER 250 TICK MOVE WITH
MARKET PROFILE BREAKOUT

CRUDE OIL 11-6-2012



HIGH VALUE AREA (HVA) RED DOTS
BREAKOUT

USE SYMMETRY DOTS ON 89 TICK TO ENTER THE EXACT BAR

Remember traders, visit www.daytradingthefutures.com and click training videos This will allow you to get up to speed in this very powerful setup.

The following are the top setups in the trading room. These setups happen over and over on a daily/weekly basis.

**1. Lva/Hva order flow Symmetry Dot breakdown and Breakout
(Third test Breakdown/Breakout at Hva and Lva)**

This setup was explained in detail above because it averages 40-60 ticks moves with a small stop.

Rules-Must be with 5 minute trend. Hva and Lva are the levels to watch for the symmetry dot breakdown or breakout with trend. The symmetry dot on the 89 tick will give exact bar entry. Automated entry software can be purchased to assist in the fill. The symmetry dot break can be used on the rollers/hedge fund with trend. Also, if the market is flat/range wait for 3rd test break.

**2. 5 minute and 2 minute rollers/Hedge fund level(red and green dashes)
(blue and red lines)**

Trending markets- Let the rollers get closed above or below the retested for a continuation.

Range/Chop markets-Use these levels to buy and sell off of the first test in a flat magenta 5min market. I love to see when the 2min and 5minute rollers match at the same level. Example of the trades will be below.

3. Jay Extension with trend

You will see blue and red solid dot on the NINJA 30 second and 89 tick charts.

These dots will not appear unless it is with the 5 minute trend direction. These are excellent plays for trend continuations on pullbacks. We do have this software available for NINJA Trader and works on all time frames and all markets for exhaustion levels counter and with the trend. I love to see the dots fire with on support or resistance. Chart example will be below.

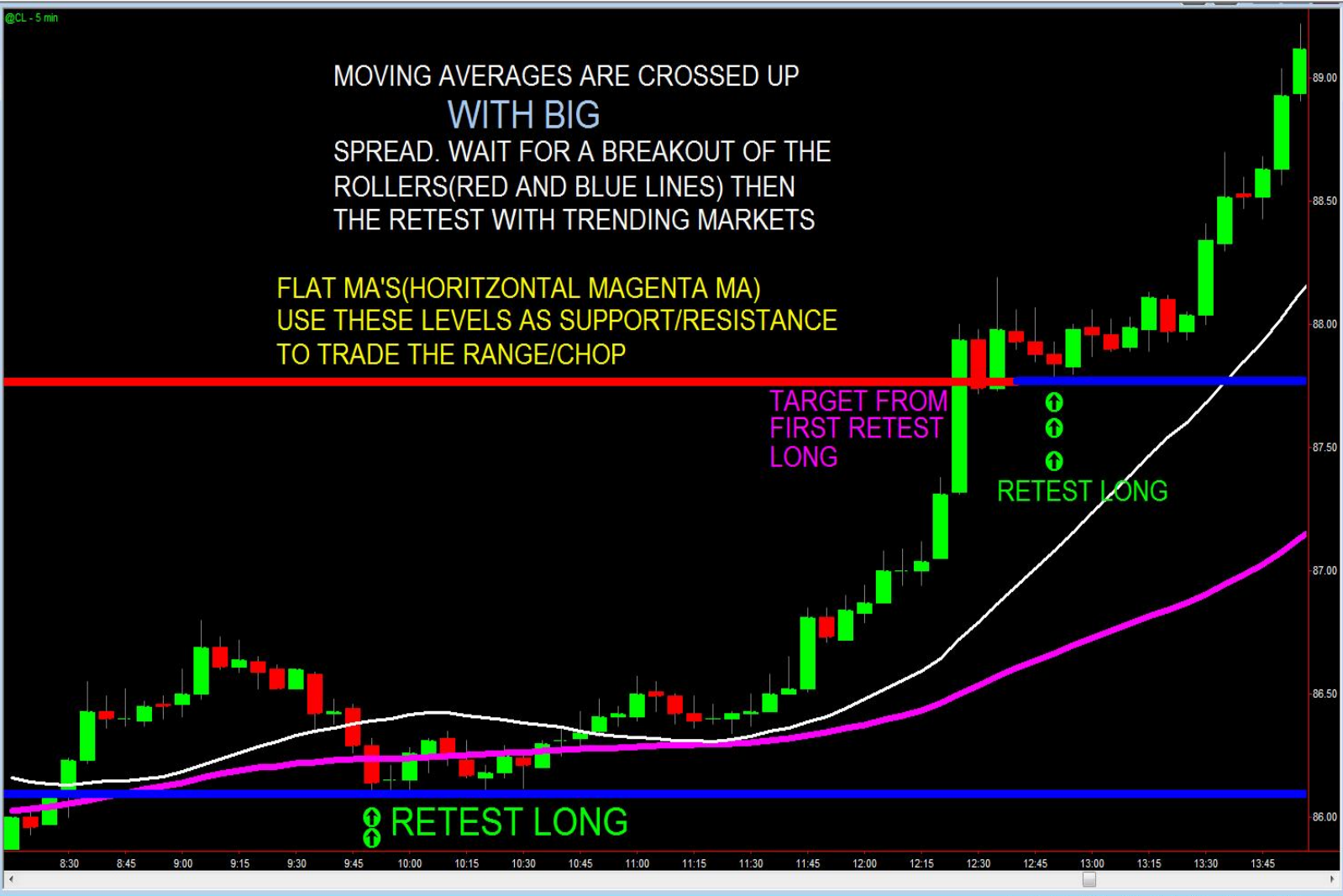
4. Hva and Lva Retest long or short after 3rd test breakouts.

Once the major breakout trade has occurred the market likes to retest the Lva or Hva for a retest long or short for a continuation. This is treated just like the 5 minute and 2 minute rollers. Breakout/breakdown retest. Chart below

5. PHOD/PLOD and Blue and Red Rollers on the 89 tick chart. You will see red and green DOTS for the previous high of day and previous low of day and you will see BIG RED AND BLUE hashes on the 89 ticks chart. Treat them as retests longs and retests short once broken in trending markets. In chop, sell or buy the first test of any of them for the range or chop market. Chart below.

6. First test of the MAGENTA ma on the 5min and 2 min. chart after SPREAD BETWEEN THE MA'S for a continuation. This is typically the first deep retracement of a hard downtrend or uptrend. If the market is hard down then I will look for a retest of the Hva or magenta ma for a continuation. If the market is too weak then I will look for a symmetry dot breakdown right at Lva with 5 minute trend. Opposite for longs. Charts below.

**THESE ARE THE SIMPLE RULES THAT WILL DICTATE ORDER FLOW!!!!!!
QUESTIONS THEN EMAIL ME AT jasonwireman@hotmail.com Many Ticks!!!**



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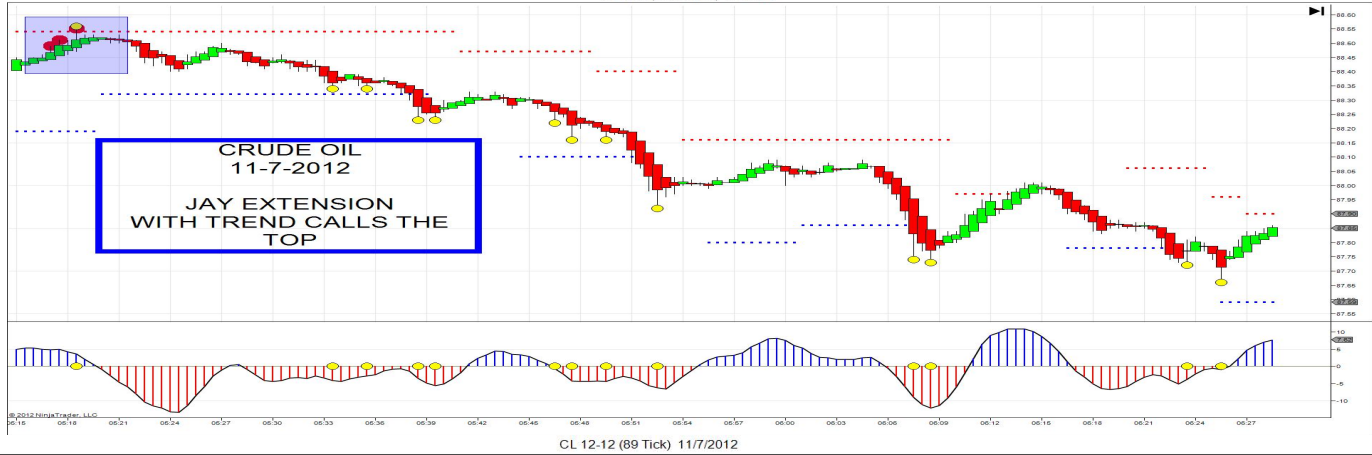
TARGET

2 MINUTE ROLLING PIVOT(RED AND BLUE LINES)
BREAKOUT RETEST LONG WITH TREND WITH
THE 2 MINUTE FIRST TEST OF MAGENTA MA
WITH SPREAD

2 MINUTE MAGENTA RETEST LONG
AFTER BIG SPREAD BETWEEN MA'S
AND FIRST TEST. NOTICE THE ANGLE
OF THE MAGENTA MA SHOWING
STRENGTH



CL 12-12 (30 Seconds) 11/7/2012



CRUDE OIL
11-7-2012
JAY EXTENSION
WITH TREND CALLS THE
TOP

CL 12-12 (89 Tick) 11/7/2012



RETEST SHORT WITH 5 MINUTE HARD DOWNTREND
TRADE THESE IN TREND DIRECTION UNLESS THE
MARKET HAS A FLAT MAGENTA THEN TRADE ON
FIRST TEST.

CRUDE OIL
11-7-2011
THESE BIG RED AND BLUE SUPPORT/RESISTANCE
LEVELS WILL AUTOMATICALLY APPEAR ALL DAY
ON THE 89 TICK CHART. TREAT THEM LIKE THE
5MIN AND 2MIN ROLLERS. TODAY THE MARKET
WAS HARD DOWN SO WAIT FOR THEM TO BREAK
THEN RETEST THEN SHORT ON FIRST RED CANDLE.



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